

Metaphysics is

The study of the most basic or fundamental patterns in reality. That there are patterns is undeniable with the meager experience of just over a day – the sun rises, sets and rises again. Another day confirms the pattern. But what is the nature of these patterns? Identifying them is part of metaphysics, but understanding their nature is a key issue. Are the patterns important? We start with the most basic questions. Plato says they are not important because what is important does not change over time, and suggests that there is another part of reality, that is very different from our experiences – it is known best by thought. Aristotle said the patterns are important and part of what is really real.

Dialectics says the patterns are reality, that is what reality is – it is dynamic and so moving, but motion has patterns. Dialectics describes three fundamental patterns in particular.